Electronic Prior Authorization Initiatives at the Point of Care: Moving the Industry Forward

Friday, April 20th from 11:45am to 12:45am

Marc Nyarko, Humana
Bruce Wilkinson, CVS Caremark
Roger Pinsonneault, RPh, RelayHealth
Tony Schueth, Point-of-Care Partners



Agenda

- Electronic Prior Authorization: An Overview
 - Landscape
 - History
 - Current Status
- The Health Plan Perspective: Humana's Journey
- CVS Caremark: A Real-World Example ePA in the ePrescribing Process
- The Intermediary Perspective: RelayHealth's Practical Approach

Electronic Prior Authorization: An Overview

Electronic Prior Authorization Initiatives at the Point of Care: Moving the Industry Forward

Tony Schueth, CEO & Managing Partner, Point-of-Care Partners | Leader, NCPDP ePrior Authorization Workflow-to-Transactions Task Group



Defining Prior Authorization

- Prior Authorization is a cost-savings feature that helps ensure the safe and appropriate use of selected prescription drugs and medical procedures.
 - Criteria based on clinical guidelines and medical literature
 - Selection of PA drug list and criteria can vary by payer

Patient	Name:	Physician Name:			
Patient	ID#:	Physician Phone:			
	Date of Birth:	Physician Fax:			
- attom	Data of Bitti.	Thy order to de			
1.	What drug is being prescribed? ☐ Genotropin ☐ Hur ☐ Omnitrope ☐ Saizen ☐ Serostim ☐ Tev-Tropin	matrope Norditropin Nutropin Nutropin AQ			
2.	Is patient currently on Increlex?				
3.	. If patient is on Increlex, will the Increlex be discontinued?				
4.	Does the patient have any of the following contraindicat				
5.	What is the specialty of the prescribing physician? ☐ E Support ☐ Nephrology ☐ Infectious Disease ☐ Ot				
6.	What is the diagnosis? Pediatric growth hormone d syndrome Growth failure due to chronic renal insuff syndrome Idiopathic short stature Adult growth related wasting/cachexia Short bowel syndrome (SHOXD) Noonan syndrome Combination treat advancing puberty Congenital adrenal hyperplasia Septo-optic dysplasia Cystic fibrosis Other	iciency Small for gestational age Prader-Willi hormone deficiency Panhypopituitarism HIV-Short stature homeobox-containing gene deficiency ment with leuprolide in children with growth failure and Russell-Silver syndrome Cerebral palsy			
7.	Please document patient's pre-treatment height.	_ cm and age			
8.	Please document patient's provocative test results.				
9.	Is the patient a neonate? ☐ Yes ☐ No				
10.	Are epiphyses still open? 🔲 Yes 🔲 No 🔲 X-ray no	t available			
11.	. Is the patient currently on growth hormone therapy? */f $\slash\hspace{-0.4em}$	ves, please skip to question # 24 🔲 Yes 🔲 No			

Defining Electronic Prior Authorization (ePA): Real-time request and response



- ePA allows the provider to electronically request a PA question set, return the answers to the payer and receive a real-time response
 - Can utilize a network or direct connection to enable bi-directional communications
 - Real-time response returns approval or pending
 - Denial response will require a manual review
 - Real-time adjudication override for approved drugs
- ePA integrated into a web portal or applications/modules for prescribers and their staff
- Can leverage other existing transactions/standards to facilitate the PA process
- The prior authorization process could also be automated to improve clinical workflow

Prior Authorization Impacts All Healthcare

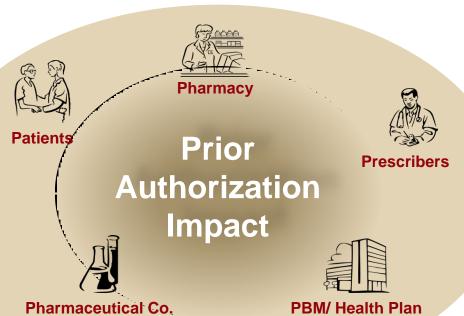


Patient hassle and treatment delay

- PA unknown until patient has already left office
- Treatment might be delayed for days

Pharmacy hassle

Pharmacy must call prescriber's office, and sometimes the plan



Prescriber hassle and disruption

- Call back from pharmacy, must call plan, wait for faxed form, completes form and sends it back
- Turnaround time can be 48 hours or more

Pharmaceutical Obstacles

- Delayed and abandoned prescriptions
- Extensive outlay for physician and patient administrative assistance

PBM/Health plan inefficiency

 Expensive and labor intensive process that creates animosity

Current Automation in PA



Automation today largely replicates the paper process requiring duplicate entry of information

Gaps in Current PA Activities

- Criteria not residing within physician's application or visible to physician
- Does not automate the entire process – various workarounds that may or may not meld together
- Paper forms and portals require manual reentry of data that may already reside electronically within an EMR
- Multiple routes to obtain PA depending on health plan, drug, pharmacy and patient combination



Electronic Prior Authorization Milestones



Federal government (HIPAA, MMA, CMS/AHRQ) efforts to encourage development and adoption of ePA has brought us to an inflection point. The industry must now take over.

NCPDP ePA Task Group Formed

- · Standard transactions mapped
- · Gaps identified
- HL7 PA Attachment created (2005)

CMS/AHRQ pushes forward

- · Resolution of which SDO would own ePA
- · Exception to HIPPA resolved
- Value model created

Renewed Interest

- More pilots
- Economic value
- State legislation

Aug 1996

Nov 2004

2006

2008

2009

2011

HIPAA passes

 X12 278 named "prior authorization" transaction standard

MMA ePrescribing Pilot Tests

- "Menagerie of ePA standards" pilot tested
- One standard not X12 278 -recommended

New Standard Created

- · Housed in NCPDP
- Compatible with emerging technology
- · No pilot test

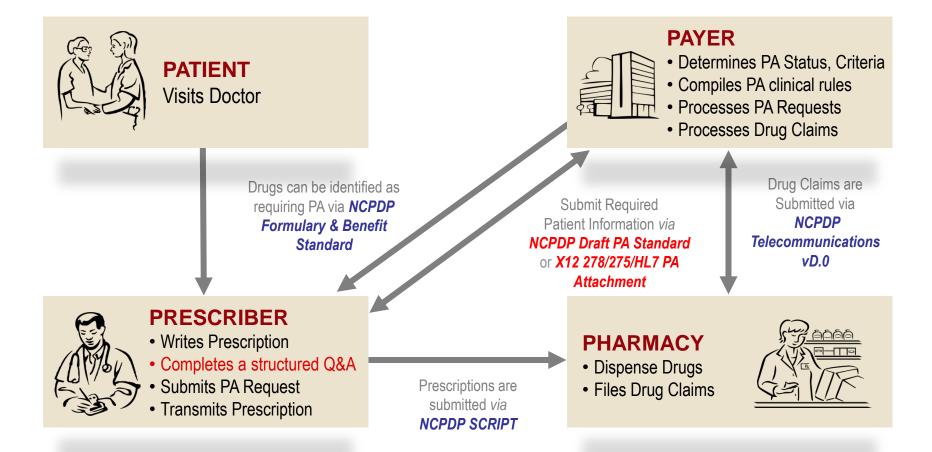


Where We Are (per ONC)



"We are not aware of a widely adopted, common, industry transaction standard that has been demonstrated to support real-time ePA, nor are we aware of a common or universal electronic format that has been demonstrated to facilitate distribution of prior authorization forms. We are aware of work that has been done by the National Council for Prescription Drug Programs (NCPDP) to create an XML-based ePA messaging standard and a real-time eligibility check messaging standard."

Proposed Standards



Red = gaps in existing standards

Blue = existing standards

Update on Standards Development

- Task group reformed in November 2011, and currently active:
 - Working on xml version of NCPDP ePA Standard
 - CVS Caremark, others applying lessons learned
 - Considering X12 270/271 278/275 v5010, HL7 PA
 Attachment
 - Concerns about formulary accuracy
 - One solution is the Real-Time Benefit Check (RTBC)



The Health Plan Perspective: Humana's Journey

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Marc Nyarko, HCPR Director of Operations, Humana



Humana Clinical Pharmacy Review Overview

Purpose: Operationalize drug utilization management to ensure patient safety, efficacy, and effectiveness of medication

Objectives:

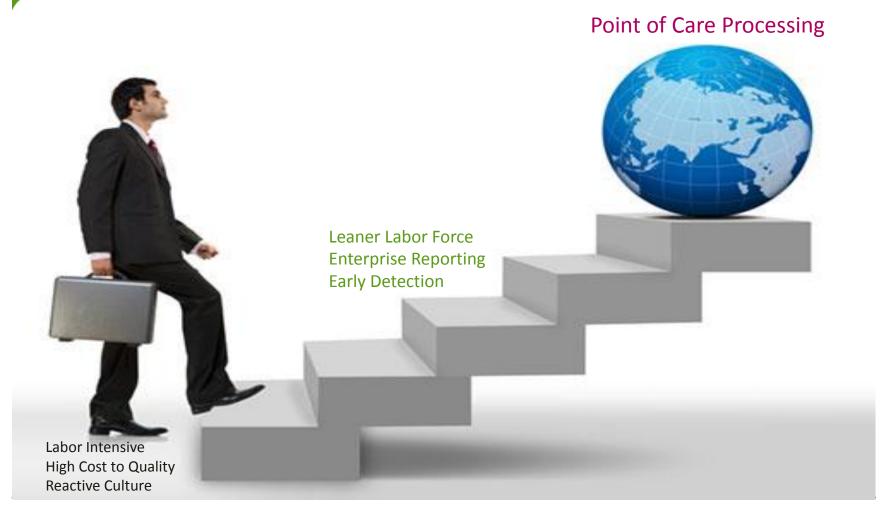
- Ensure the correct medication is administered at the right time using evidence based medicine
- Ensure appropriate access to care

Implementation of Clinical Criteria:

- Clinical criteria are operationalized via rules based scenarios built into our PA processing software system
- Based on how questions are answered, cases may be approved and subsequent authorizations entered
- If the answers do not meet criteria, the cases are sent to a pharmacist for further review
- The system allows cases to be routed to various work areas based on criteria: Drug Type, Edit Type, Reject Code,



Our Prior Authorization Journey





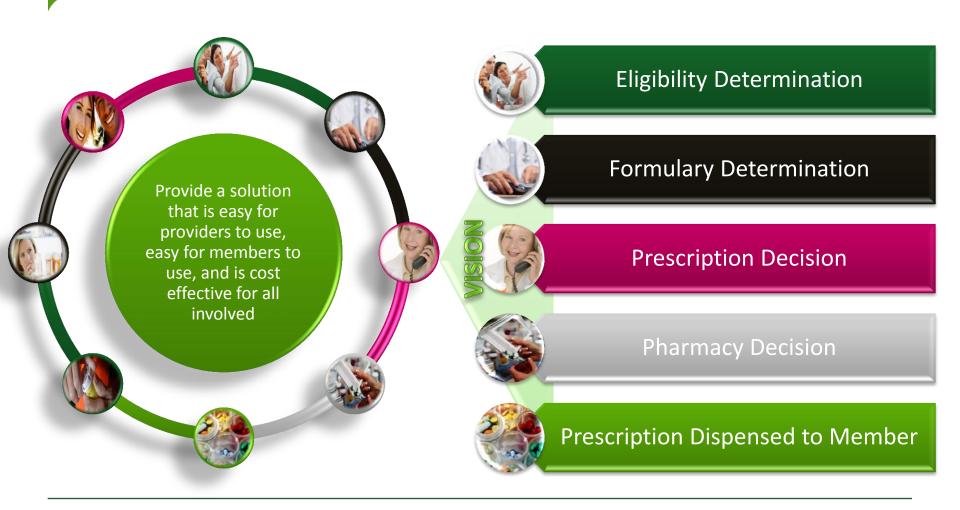
HCPR Process and Tools

HCPR PA Process

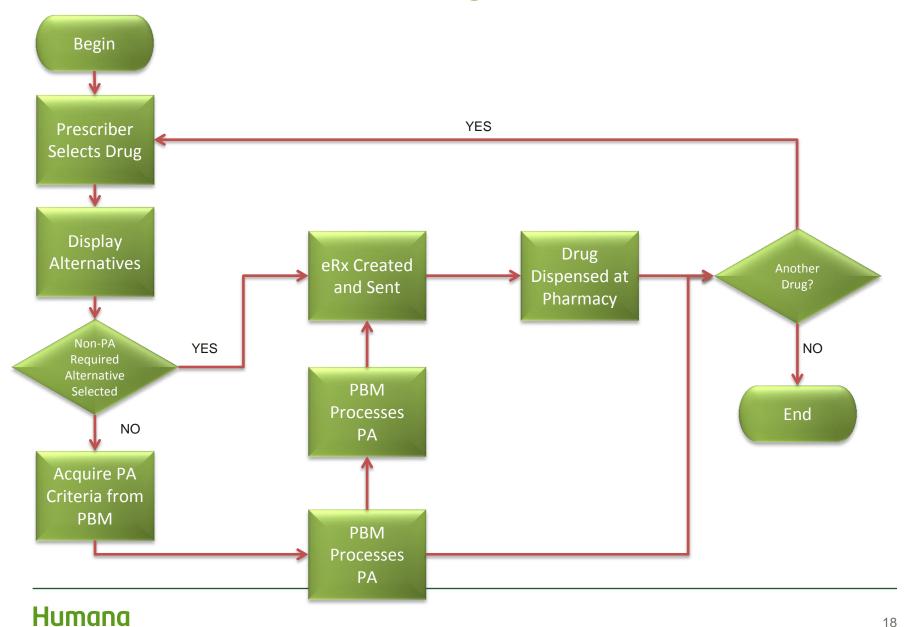


- Calls received are logged into PA Hub as "EOC's" (Episode of Care)— All EOC's have a
 unique ID number that is sent on the outbound FAX to the provider via barcode
- Returning barcoded FAX's are automatically matched to the appropriate record by the system and trigger the start of the review process
- Where feasible automated scenarios direct the review
- Member and provider notifications are automated within the tool and are selected based on automated scenarios

Humana eRx Strategy



ePrior Authorization Processing



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Our Ambition

1 Reduced Labor Requirements

Quality Decisions Based Upon the Member's Benefit

3 Faster Turnaround Times



CVS Caremark: A Real-World Example – ePA in the ePrescribing Process

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Bruce Wilkinson, CVS Caremark

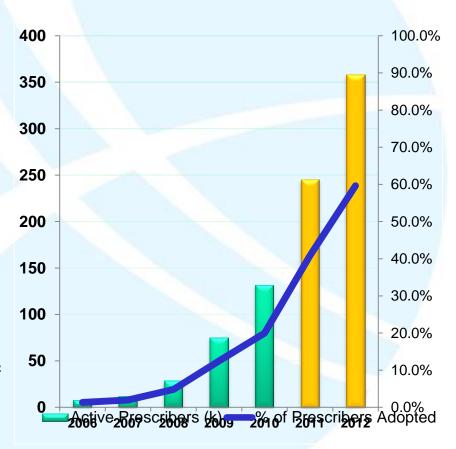




What is E-prescribing?

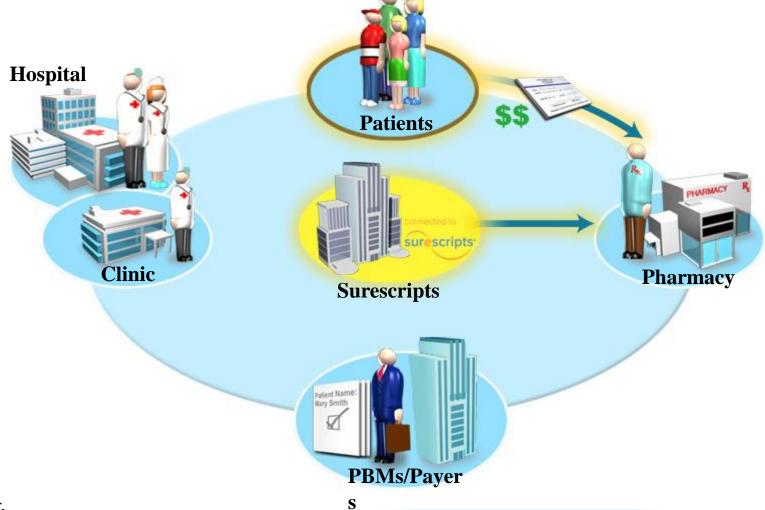
- E-prescribing occurs when a prescriber uses a computer or handheld device with software that enables him or her to:1
 - Electronically route the prescription to the patient's choice of pharmacy
 - Electronically access that patient's prescription benefit (eligibility, formulary)
 - With a patient's consent, electronically access that patient's prescription history
- The goal of e-prescribing
 - Provide safer and more effective care with better outcomes; more cost-efficient health care through the provision and transmission of appropriate electronic health information at the point of care

Surescripts is reporting 52% adoption as of 11/09/2011



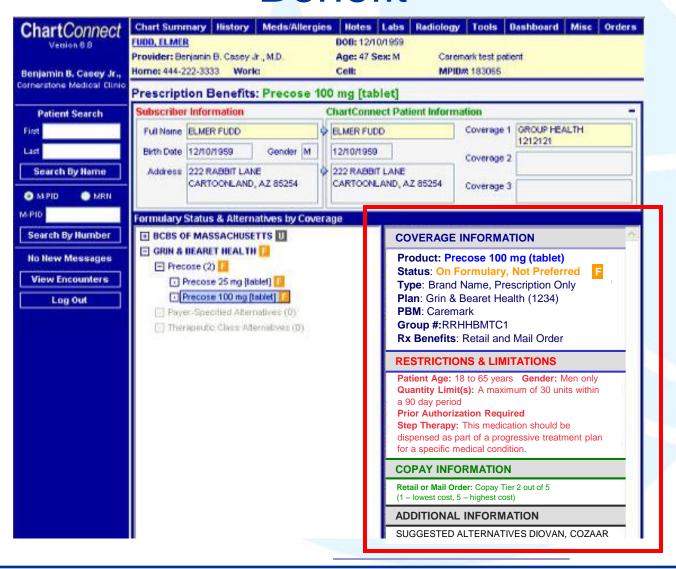


eRx Workflow





Current Messaging: Formulary & Benefit





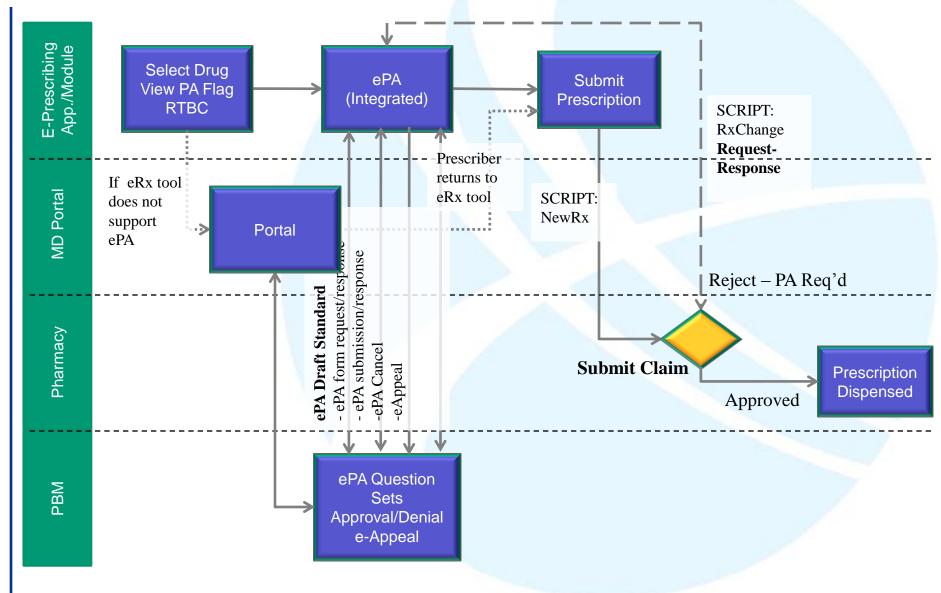
CPDP Electronic Prior Authorization (ePA)

- First ePA solution <u>integrated</u> directly into e-prescriber workflow
- Real-time response; Real-time adjudication override for approved drugs
 - Providers can request PA question set, submit answers and receive a real-time response via e-channel
 - Question sets can be auto-populated and support conditional logic.
 - Leverages Surescripts network to enable bi-directional communications between provider and CVS Caremark
- Flexible access through preferred channels
 - Integrated into e-prescribing or electronic health record tool
 - Portal solution with access through Caremark.com or client portal
- Can leverage other SCRIPT transactions like RxChange to facilitate prescribers - pharmacy communication to support the retrospective model

Industry-leading ePA improves physician satisfaction and helps patients get faster access to medication.

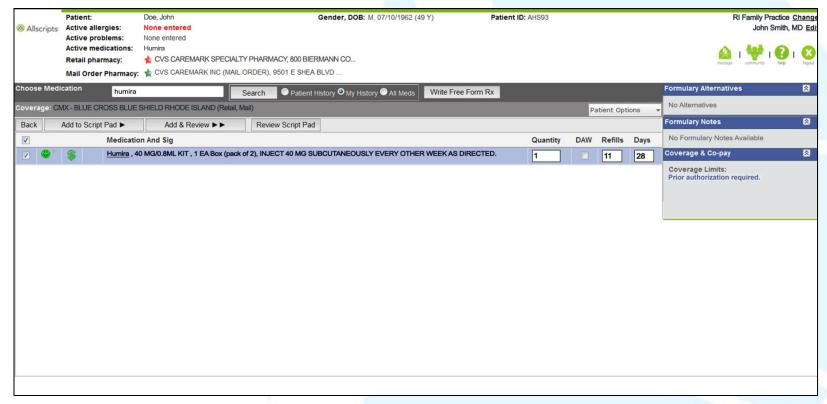


ePA Process (CVS Caremark)

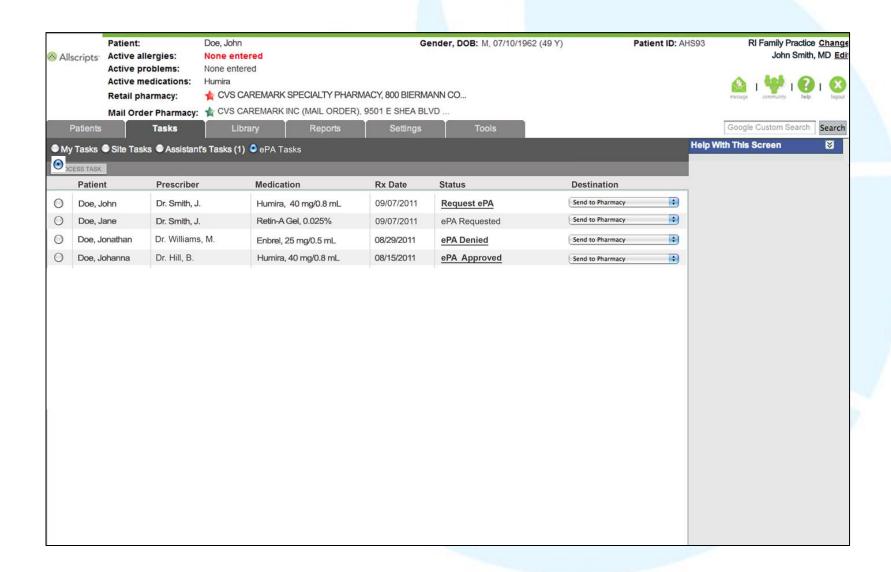




ePA Demonstration: Create a prescription



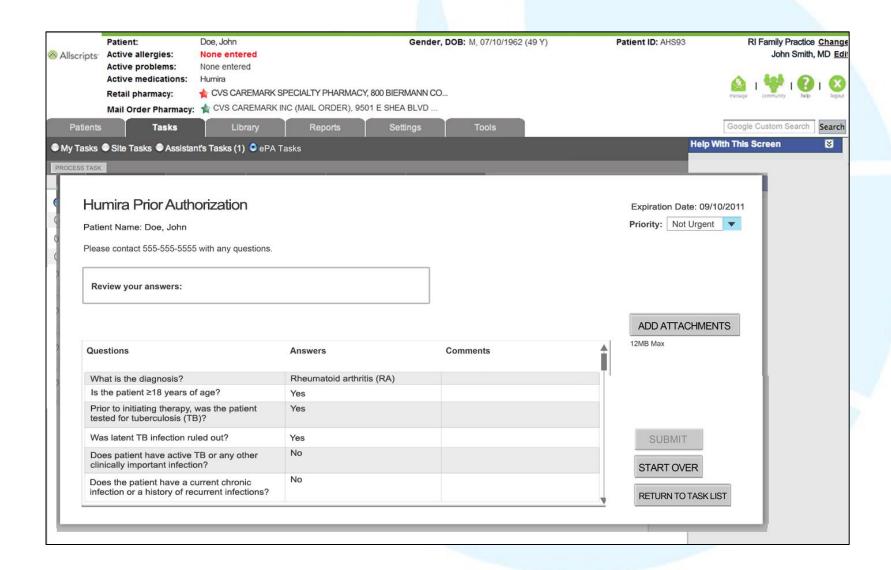




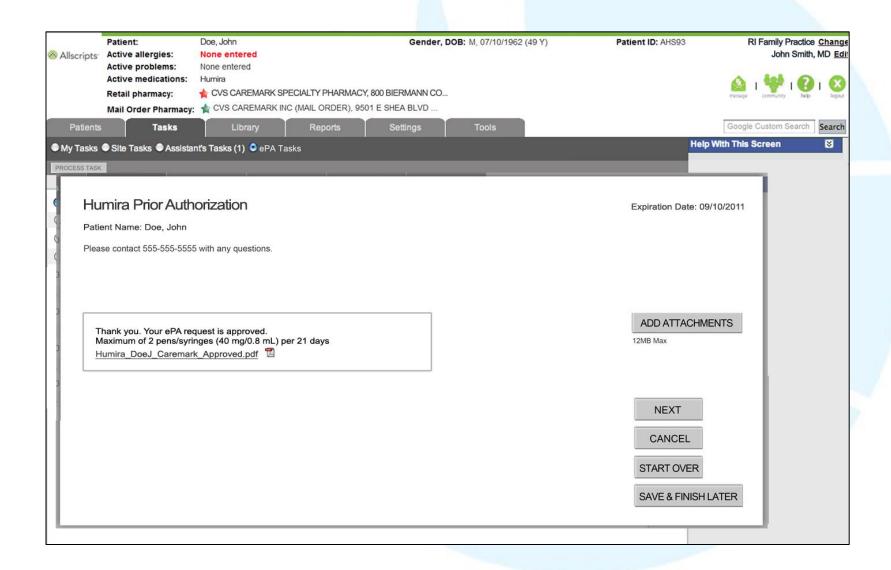


⊗ Allscripts A	Patient: Doe, John Ge Active allergies: None entered Active problems: None entered	ender, DOB: M, 07/10/1962 (49 Y)	Patient ID: AHS93 RI	Family Practice <u>Change</u> John Smith, MD <u>Edir</u>
A F	Active medications: Humira Retail pharmacy: CVS CAREMARK SPECIALTY PHARMACY, 800 BIERMAN Mail Order Pharmacy: CVS CAREMARK INC (MAIL ORDER), 9501 E SHEA BL		messager I	community lesp l lagour
Patients	Tasks Library Reports Settings		Google C	Custom Search Search
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PROCESS TASK				_
Patient () Please () Wh:	Rheumatoid arthritis (RA) Active ankylosing spondylitis (AS) Psoriatic arthritis (PsA) Crohn's disease (CD)	Chronic plaque psoriasis Juvenile idiopathic arthritis (JIA)	Expiration Date: 09/10/2011	
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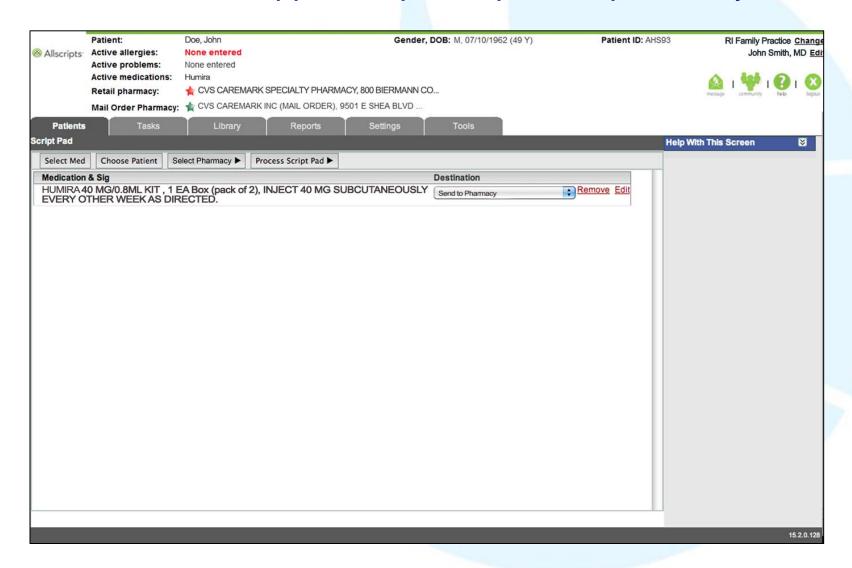








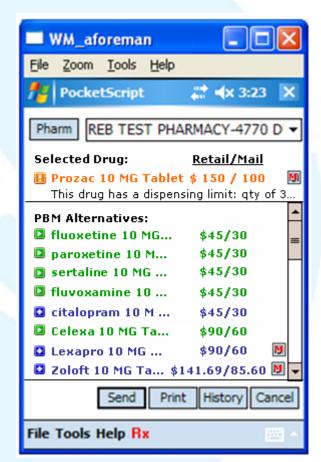
ePA Demonstration: Send approved prescription to pharmacy





Appendix: Real Time Benefit Check (RTBC)

- Update of the current formulary coverage transaction. This transaction allows prescribers with a mock adjudication of the selected drug. The response confirms that the selected drug:
 - Requires a prior auth
 - Is covered by the <u>member</u>'s benefit
 - A PA currently in place (and has not expired)
- In addition, the transaction provides pricing for retail and mail and lower cost therapeutic alternatives.
- Currently being piloted by Surescripts.
 The RTBC is not an NCPDP/SCRIPT standard



The Intermediary Perspective: RelayHealth's Practical Approach

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Roger Pinsonneault, <title here>, RelayHealth



Significant Market Challenge

- Approximately 120 Million, and growing, pharmacy prior authorization rejects per year
- Of these denied prescriptions, a high percentage are never filled by the patient
- Specialty drugs are 5x more likely to require a PA than non-specialty drugs*
 - Non-specialty drugs require PA ~ 6% of the time
 - Specialty drugs require PA ~ 34% of the time
- Prior authorizations and high patient out-of-pocket costs are typically cited as the two most significant barriers to patients obtaining biologics

* Source: Drugs on Specialty Tiers in Part D, February 2009



Significant Market Challenge

- Prescriber Notifications
- Prior Authorization Form Selection
- Prior Authorization Form Processing
- Prior Authorization Form Submission
- Prior Authorization Processing
- Prescriber Notifications
- Pharmacy Notifications
- Patient Notifications

Patient Prescriber

With overriding goals:

- 1. Timely Communications
- 2. Workflow Friendly
- 3. Leveraging Existing Technologies







Payer



An evolving healthcare technology solution that leverages existing healthcare industry standards to reduce prior authorization processing inefficiencies and improved medication compliance. The solution supports "Reactive" and "Prospective" prior authorizations and a migration path to full automation.

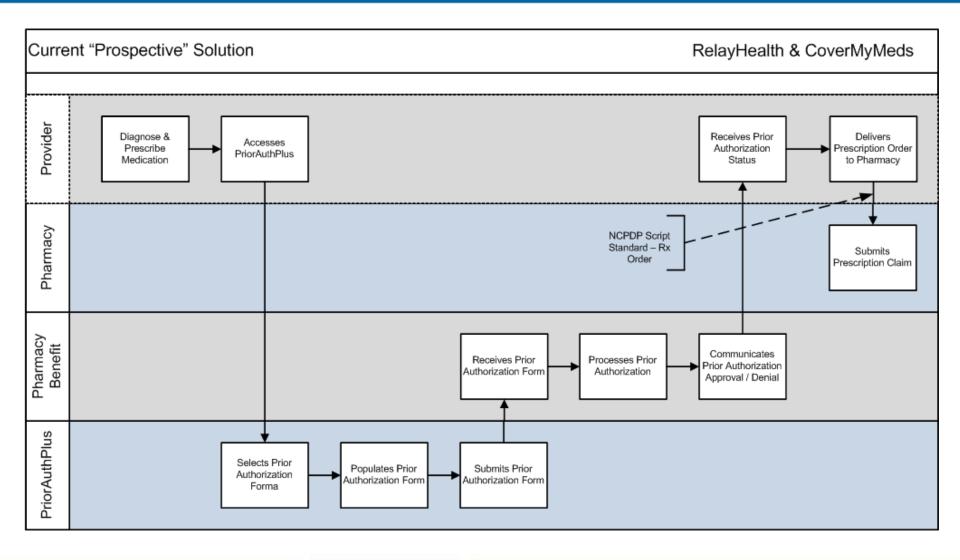
Pharmacies

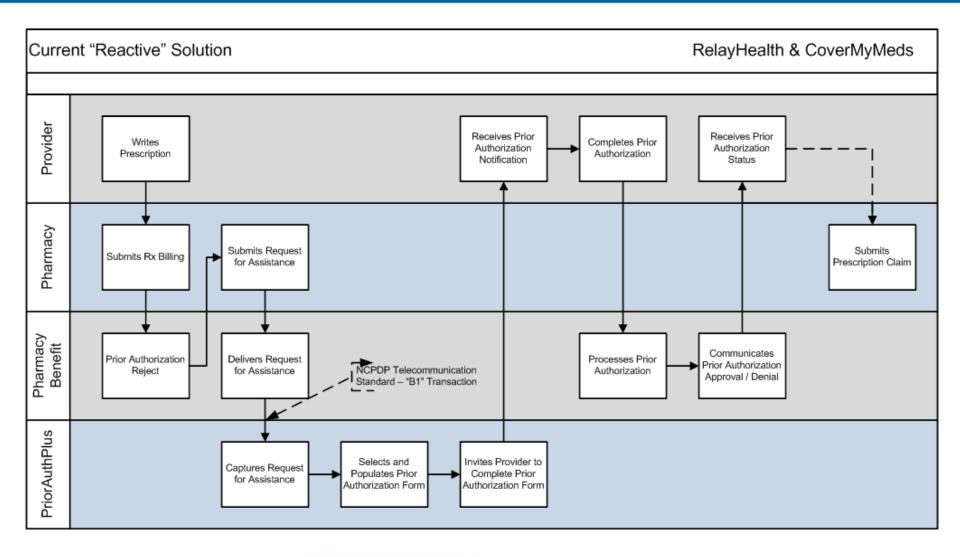
- Initiation of the prior authorization process as the result of a prescription claim denial from their practice management system
- Leverages the NCPDP Telecommunication Standard to automate the population of a Prior Authorization form
- Supports all plans and all medications

Providers

- Initiation of the Prior Authorization process at the point of prescribing a medication
- Physicians can work prior authorizations from an administrative queue, their practice management or electronic health record systems
- Supports all plans and all medications









Pharmacies

- Contracted 15,000 plus
- Implemented 12,000 plus
- Pilot Testing Chains representing over 8,000 pharmacies

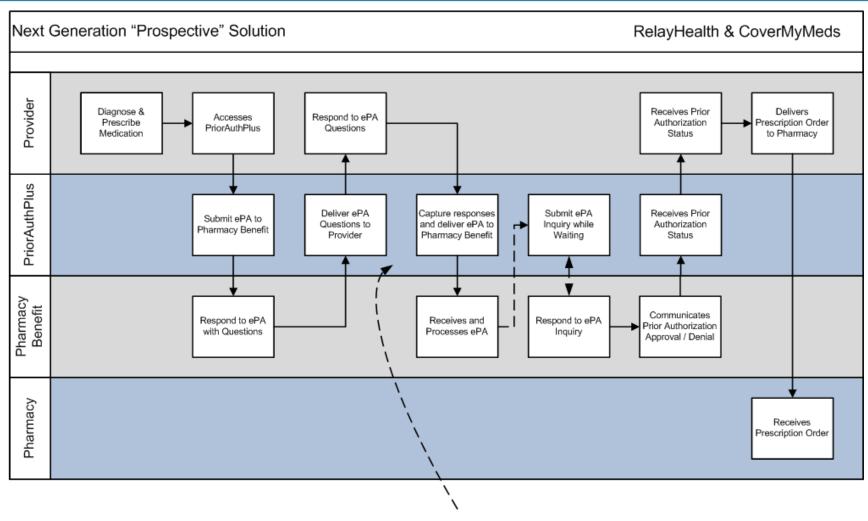


Providers

- 55,000 plus have an account
- 320,000 plus have used at least once

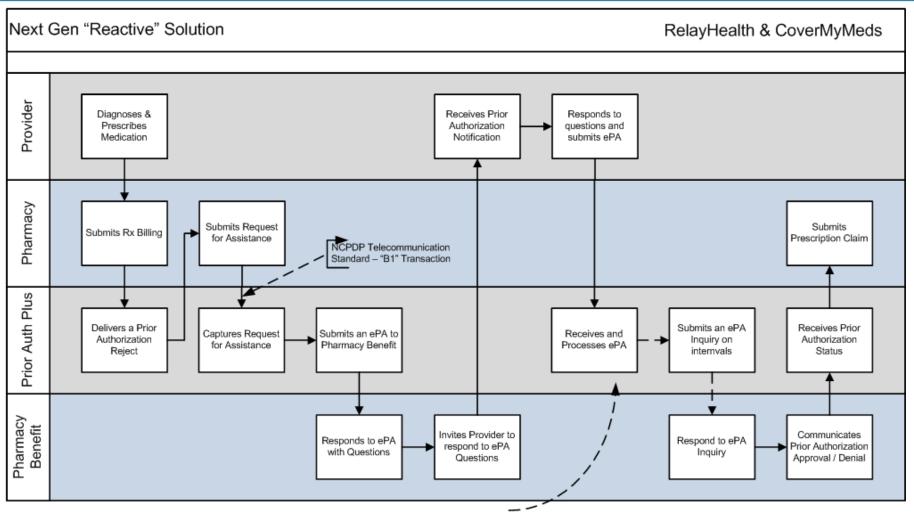






Provides a compatibility layer so providers can use it for all plans, even those that don't support ePA.





Provides a compatibility layer so providers can use it for all plans, even those that don't support ePA.



The End

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