

Electronic Prior Authorization (ePA):

Where We've Been, Where We're Going
and What It Means to Pharmacies

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Agenda

- PA Today
 - Definition
 - Workflow
 - Impact
 - Current Automation
- Vision for ePA
- Current Situation
 - NCPDP Script
 - State of the States
 - Current Landscape
- Where it's all going
 - Alerting Prescribers that PA Required
 - Proposed Alternative Workflows
 - LTC
 - Pharmacy
 - Specialty



Learning Objectives

- Understand how prior authorization affects patients, prescribers and pharmacies.
- Describe the history of electronic prior authorization (ePA) and its value to constituencies.
- Describe factors driving the adoption of ePA.
- Explain how ePA works and what is needed to improve its utilization.
- Understand how the SCRIPT standard works to support ePA and its adoption status.

Defining Prior Authorization

Prior Authorization is a cost-savings feature that helps ensure the safe and appropriate use of selected prescription drugs and medical procedures.

- Criteria based on clinical guidelines and medical literature
- Selection of PA drug list and criteria can vary by payer

EXAMPLE OF PAPER-BASED PA FORM

Patient Name: _____
Patient ID#: _____
Patient Date of Birth: _____

Physician Name: _____
Physician Phone: _____
Physician Fax: _____

1. What drug is being prescribed? ☐ Omnitrope ☐ Saizen ☐ Genotropin ☐ Serostim ☐ Humatrope ☐ Norditropin ☐ Nutropin ☐ Tev-Tropin ☐ Zorbtive ☐ Other _____

2. Is patient currently on Increlex? ☐ Yes ☐ No

3. If patient is on Increlex, will the Increlex be discontinued? ☐ Yes ☐ No

4. Does the patient have any of the following contraindications to GH therapy? ☐ Yes ☐ No

- Active or history of malignancy within the past 12 months
- Diabetic retinopathy
- Acute critical illness

5. What is the specialty of the prescribing physician? ☐ Support ☐ Nephrology ☐ Infectious Disease ☐ Endocrinology ☐ Gastroenterology ☐ Other _____

6. What is the diagnosis? ☐ Pediatric growth hormone deficiency ☐ Neonatal hypoglycemia syndrome ☐ Growth failure due to chronic renal insufficiency ☐ Small for gestational age syndrome ☐ Idiopathic short stature ☐ Adult growth hormone deficiency ☐ Panhypopituitarism ☐ Short bowel syndrome ☐ Short stature homeobox-containing gene (SHOX) related wasting/cachexia ☐ Noonan syndrome ☐ Combination treatment with leuprolide in children with advancing puberty ☐ Congenital adrenal hyperplasia ☐ Russell-Silver syndrome ☐ Cerebral dysplasia ☐ Septo-optic dysplasia ☐ Cystic fibrosis ☐ Other _____

7. Please document patient's pre-treatment height. _____ cm and age _____

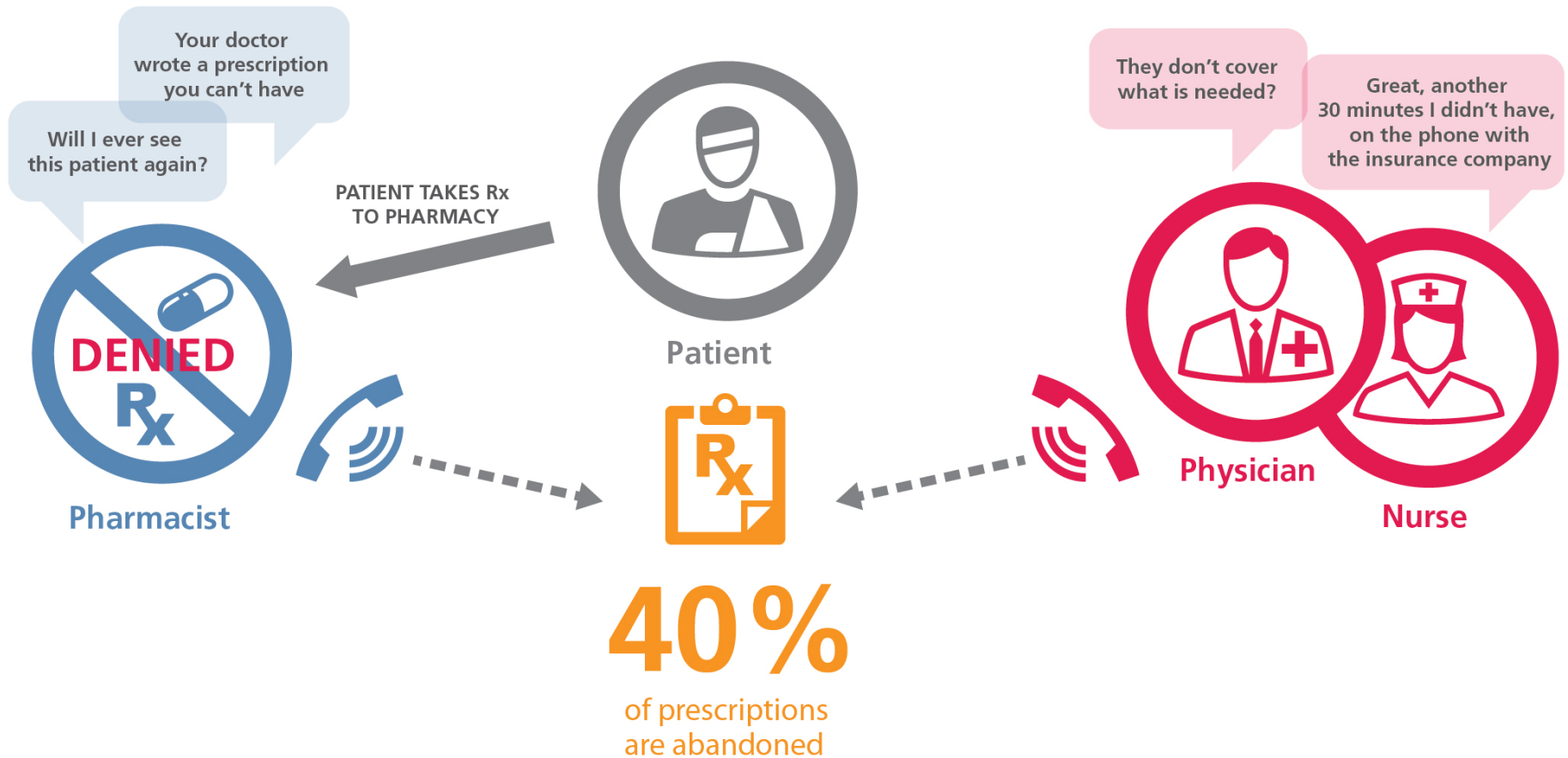
8. Please document patient's provocative test results. _____

9. Is the patient a neonate? ☐ Yes ☐ No

10. Are epiphyses still open? ☐ Yes ☐ No ☐ X-ray not available

11. Is the patient currently on growth hormone therapy? *If yes, please skip to question # 24 ☐

Current manual prior authorization



Prior Authorization Impacts All Healthcare

PATIENT HASSLE AND TREATMENT DELAY

- PA unknown until patient has already left office
- Treatment might be delayed for days



Patients

PHARMACY HASSLE

- Pharmacy must call prescriber's office, and sometimes the plan



Pharmacy

PRESCRIBER HASSLE AND DISRUPTION

- Call back from pharmacy, must call plan, wait for faxed form, completes form and sends it back
- Turnaround time can be 48 hours or more



Prescribers

Prior Authorization Impact

PHARMACEUTICAL OBSTACLES

- Delayed and abandoned prescriptions
- Extensive outlay for physician and patient administrative assistance



Pharmaceutical Co.

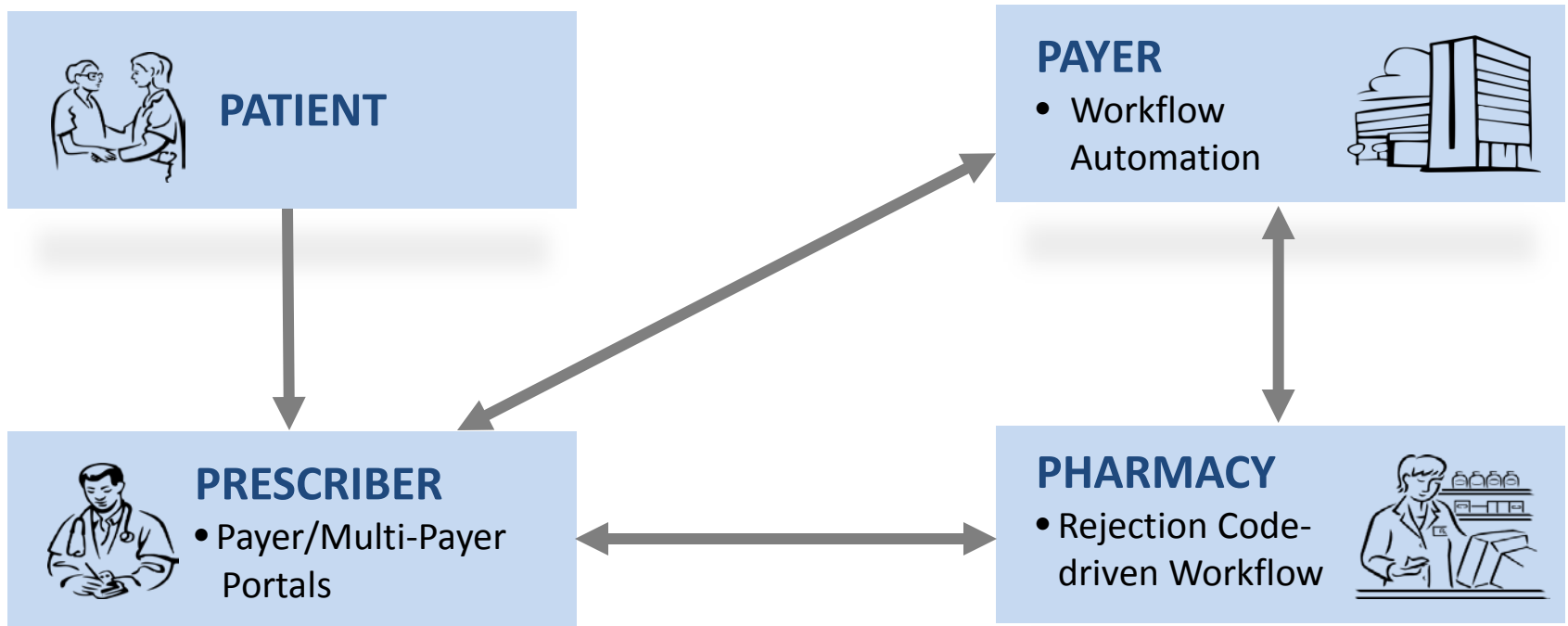


PBM/ Health Plan

PBM/HEALTH PLAN INEFFICIENCY

- Expensive and labor intensive process that creates animosity

Interim PA Automation (non-ePA)



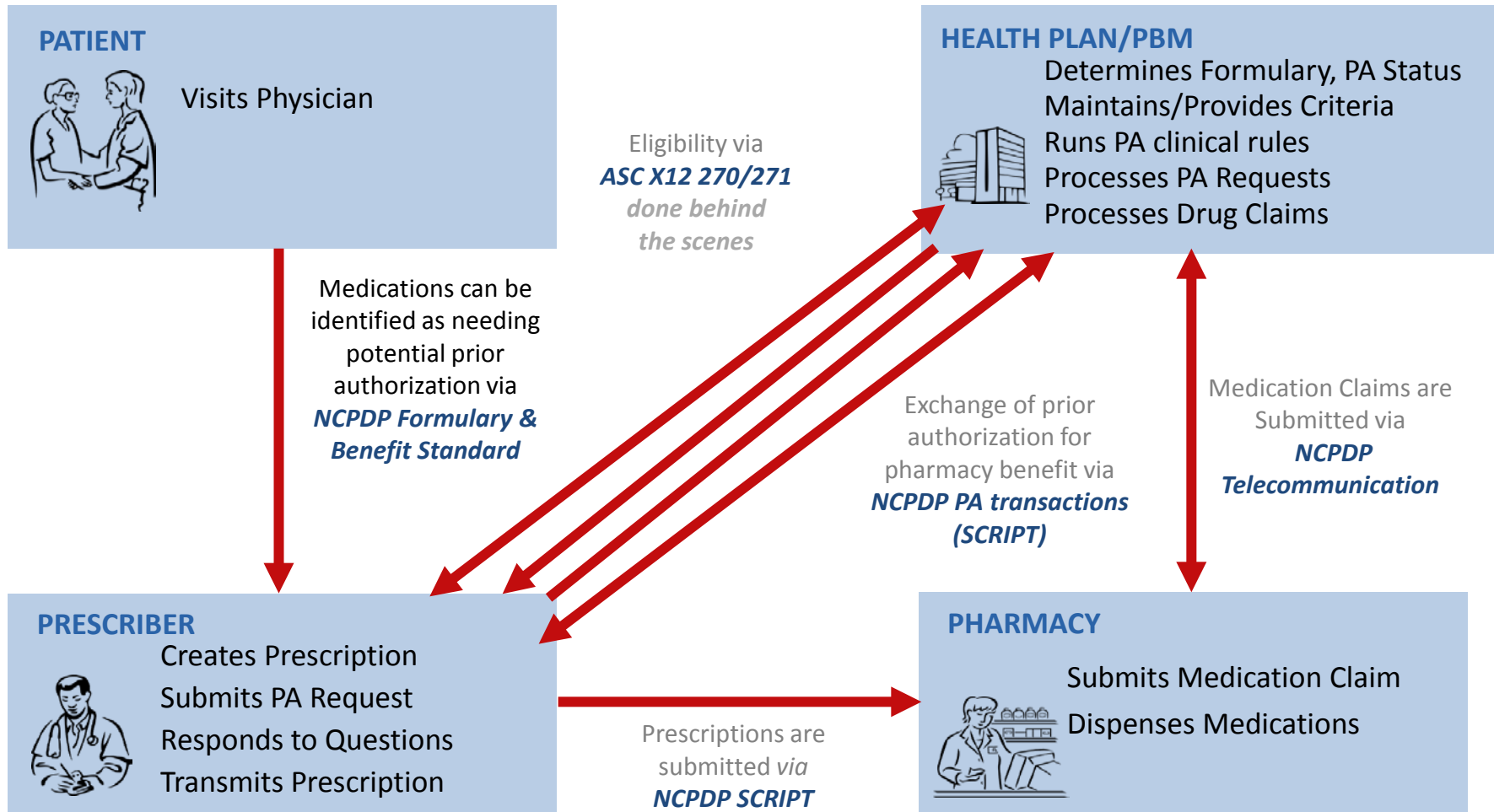
Until today, automation largely replicated the paper process requiring duplicate entry of information.

Gaps in Current PA Activities

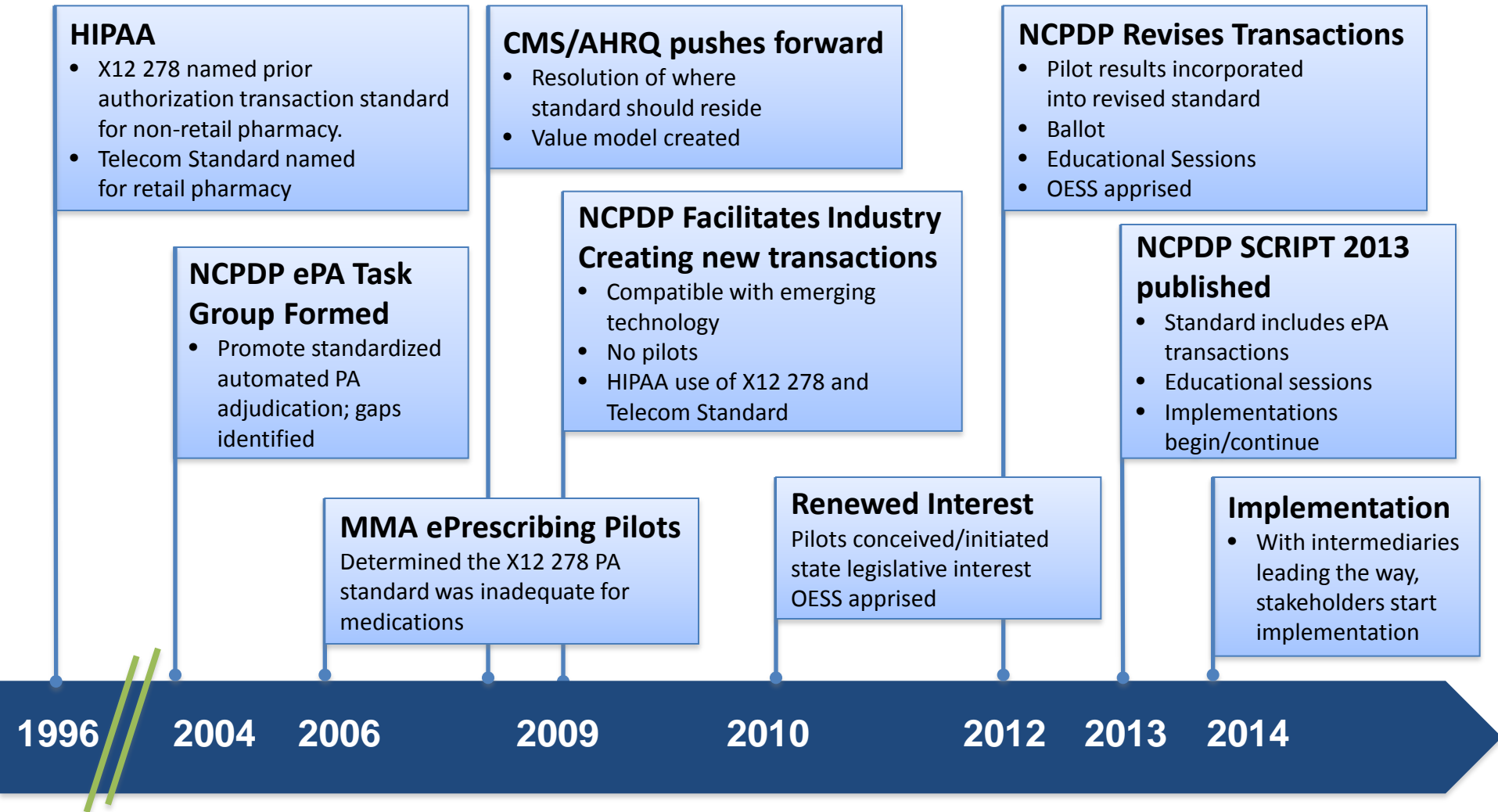
- Drug requiring PA flagged in only 30% - 40% of the cases.
- Criteria not residing within EHR or visible to physician
- Does not automate the entire process – various workarounds that may or may not meld together
- Paper forms and portals require manual reentry of data that may already reside electronically within an EMR
- Multiple routes to obtain PA depending on health plan, drug, pharmacy, and patient combination

A Closer Look at the ePA Process

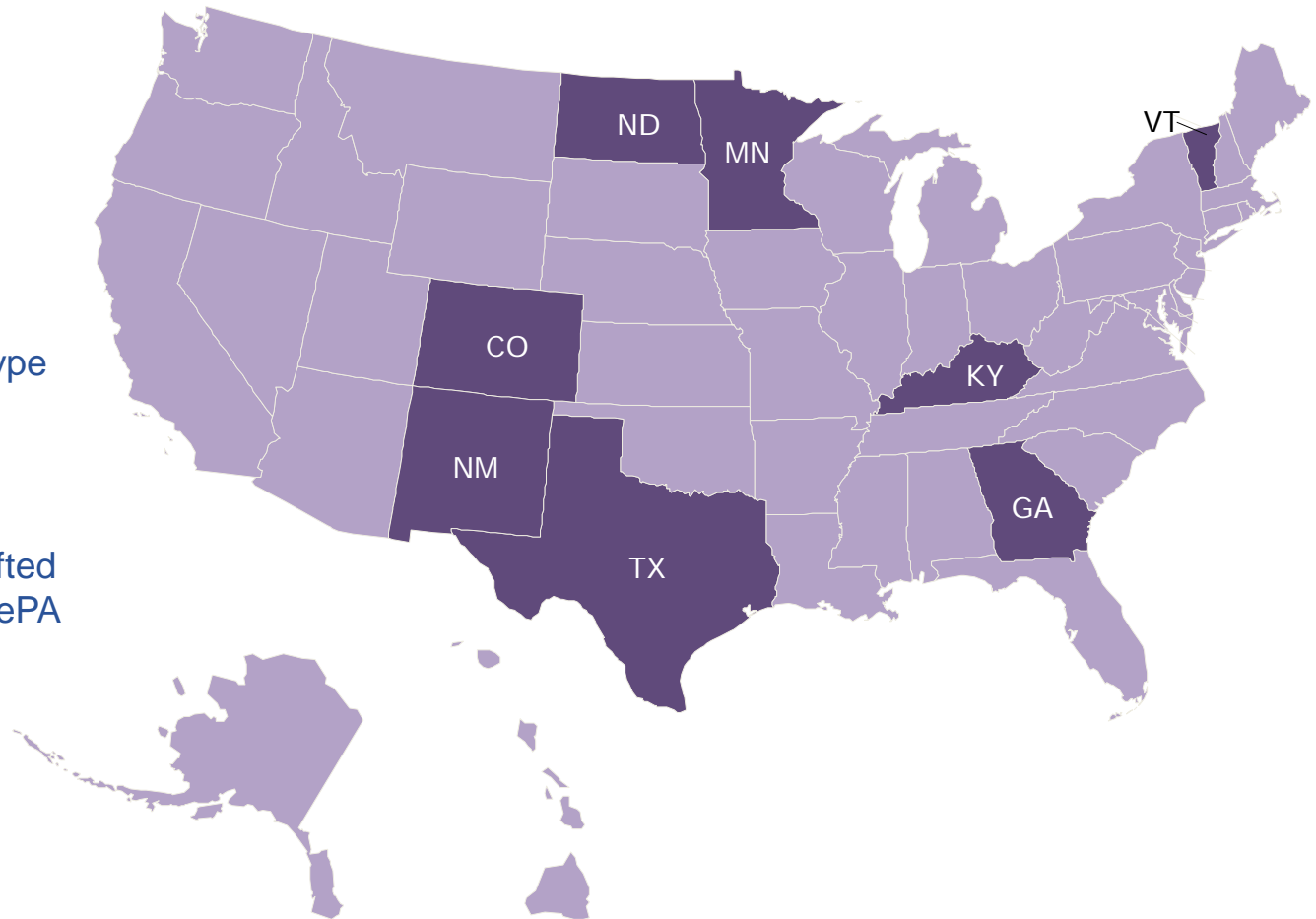
for the Pharmacy Benefit using SCRIPT Standard



Electronic Prior Authorization History



- Eight states have mandates for some type of ePA
- Other states require uniform PA forms
- Numerous states drafted study laws, planning ePA mandates upon completion

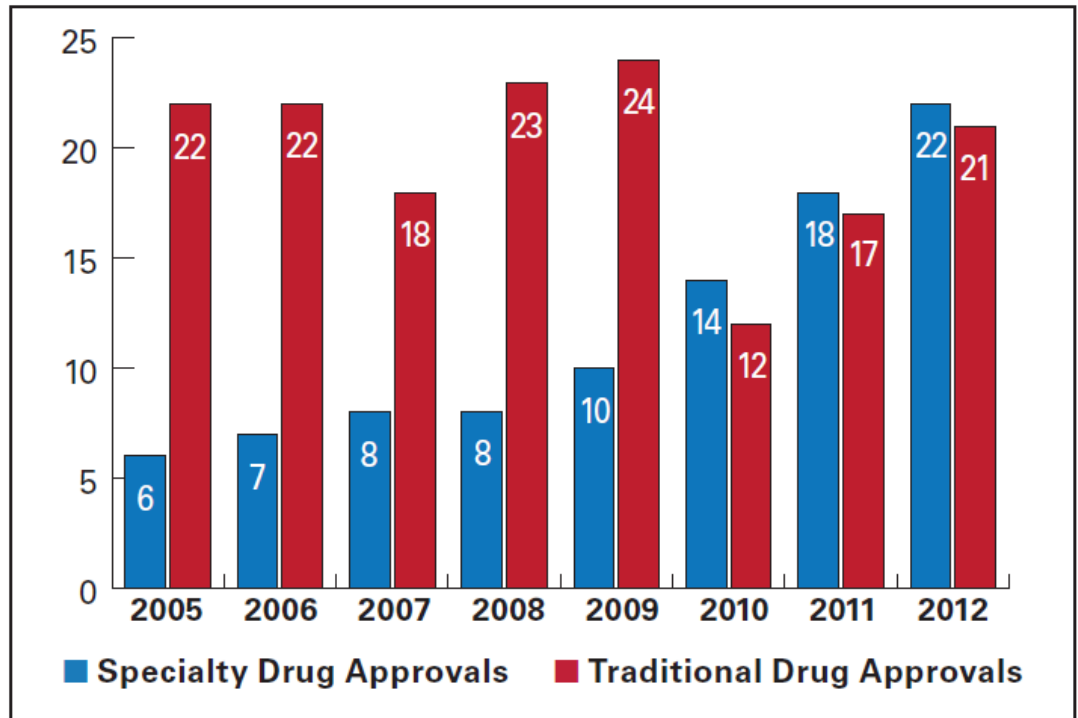


Drug Pipeline

Specialty medications are a growing segment of the nation's drug spend

- More than 50% of the drugs in the pipeline are considered specialty medications, 95% of which require PA
- Recent studies project that specialty drug spending will increase 67% by 2015 and nearly half of all prescription drug sales will be for specialty medications by 2016

FDA Traditional & Specialty Drug Approvals, 2005-2012



Source: Medical Cost Trend: Behind the Numbers 2014,"PricewaterhouseCoopers Health Research Institute. June 2013. Figure 6.

Specialty medications continue to grow

- Drivers include:
 - Growing elderly population
 - Growing population of patients with chronic conditions



Rapidly Evolving Landscape

Physicians' Office



EHRs

- Allscripts²
- DrFirst (262 EHRs)²
- NewCrop (202 EHRs)[#]
- Epic
- Cerner
- eClinicalWorks
- NextGen
- GE
- Greenway
- ~200 Others

CoverMyMeds

Portals

- Multi-Payer (Navinet, CoverMyMeds)
- Pharma-branded Portal (AssistRx, Therigy)

²Publicly announced

Content Development

- Hearst/FDB - Wolters Kluwer
- Goldstandard - Cerner/Multum
- Micromedex

INTERMEDIARY

Transaction Processing/ Acceleration



- Surescripts
- CoverMyMeds
- LDM Group
- RelayHealth¹
- Emdeon¹
- CenterX
- Weno Exchange

¹Claims rejection process only

PBM/PAYER



Workflow Solutions

- Pega Systems
- Agadia
- CoverMyMeds
- MedHok
- Novoloigix
- Proprietary

PHARMACY



Rejected Claims Capture Workflow

- CoverMyMeds
- Armada

Where is ePA going?

Better identification of drugs that require PA

- Enhance input into F&B file
- Is it time for a pre-adjudication transaction?

Effort to standardize the pharmacy claims rejection process

- Need to keep pharmacy in the loop

Improved process for long-term care

Consideration of pharmacy- or hub-initiated standardized process

In Conclusion

- The time is right for standardized electronic prior authorization
 - Standards have been developed and are being implemented
 - States have mandated the process
 - The drug pipeline is dominated by specialty, 95% of which require PA
- While pharmacy's role in the dominant vision is minimal...
 - It'll take us years to get to that point – pharmacy will continue to be involved in the interim
 - There are situations where pharmacy-initiated ePA will be appropriate – the industry needs to be prepared

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Assessment Questions

1. On average, what percentage of PA-requiring Rx's have a PA submitted?
 - a. 5%
 - b. 15%
 - c. 27%
 - d. 62%

2. What percentage of PA eligible Rx's are lost today?
 - a. 12%
 - b. 22%
 - c. 66%
 - d. 88%

Assessment Questions

3. What does ePA allow the provider to do?
 - a. Electronically request or be presented with a PA question set.
 - b. Return the answers to the payer and receive a real-time response.
 - c. Utilize a network or direct connection to enable bi-directional communications and real-time responses.
 - d. All of the above.

4. Does the SCRIPT standard for ePA support both a solicited and unsolicited model?
 - a. Yes
 - b. No

Assessment Questions

5. Which of the following states have not mandated ePA in some form?
- a. Minnesota
 - b. Georgia
 - c. Michigan
 - d. Ohio
 - e. Colorado