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INNOVATION. IMPACT. OUTCOMES.

ONWARD

Improving Care Transitions with IT-Enabled Medication Management February 26, 2014

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Conflict of Interest Disclosures

Frank J. Eidelman, MD, FRCPC, FAAAI and
Michael R. Solomon, PhD, MBA

Have no real or apparent conflicts of interest to report.



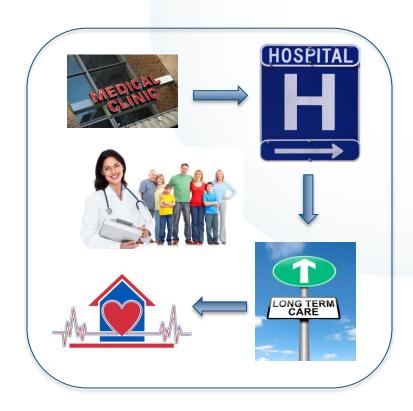
Session Objectives

- Identify common barriers to effective medication management during transitions of care
- 2. Define and illustrate a four-step model for "eMedication Management"
- Describe the implementation of the eMedication Management model to overcome barriers to effectively managing care transitions
- 4. Identify areas for improvement and propose actions to enhance the value of health IT in managing medications during care transitions



Care Transitions Defined

Care Transitions: "The transfer of a patient from one setting of care or one set of providers to another during the course of an episode of care" – National Transitions of Care Coalition



Each type of care transition has its own set of complexities and challenges



Persistent Challenges During Transitions of Care

- Most avoidable readmissions are the result of breakdowns in patient hand-off between settings¹:
 - Medication errors may be caused by inaccurate medication lists and test results
 - 1/3 patients discharged have at least one medication discrepancy²
 - 1/5 patients discharged experience an adverse event
 - 60% are medication-related and avoidable²





Persistent Challenges During Transitions of Care (continued)

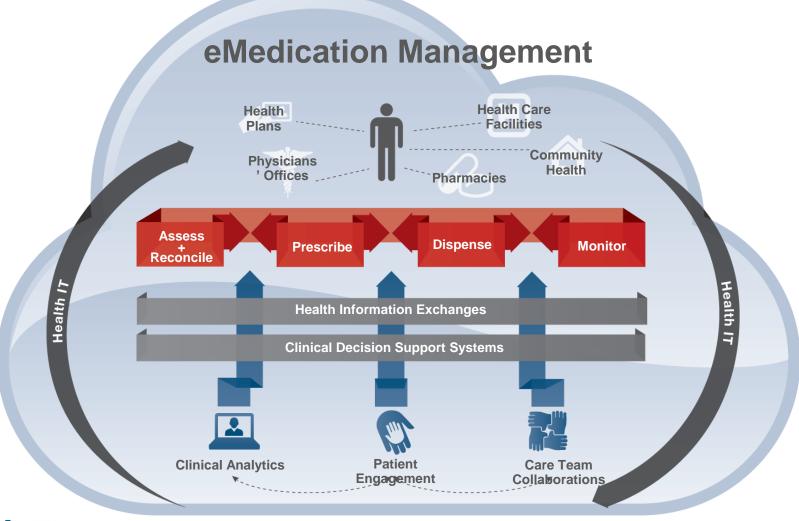
- Patient adherence problems due to lack of timely follow-up and education post-discharge
- Referring a patient to a specialist with incomplete health information may also lead to adverse drug events



Medication management is a critical activity in most care transitions



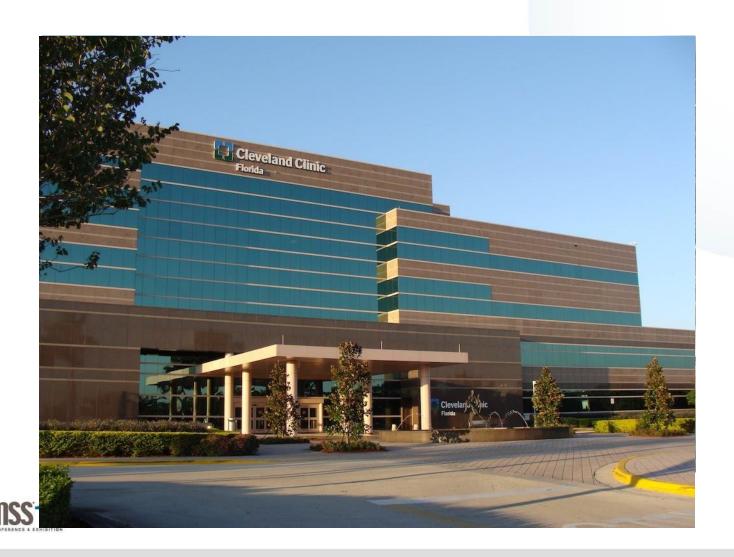
Overview of eMedication Management

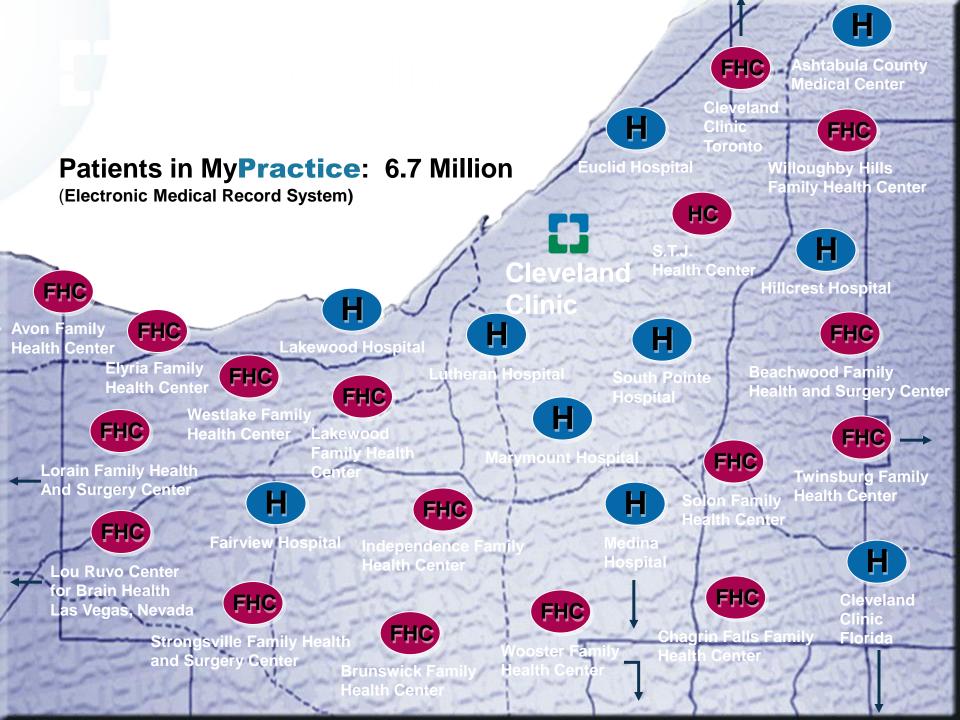


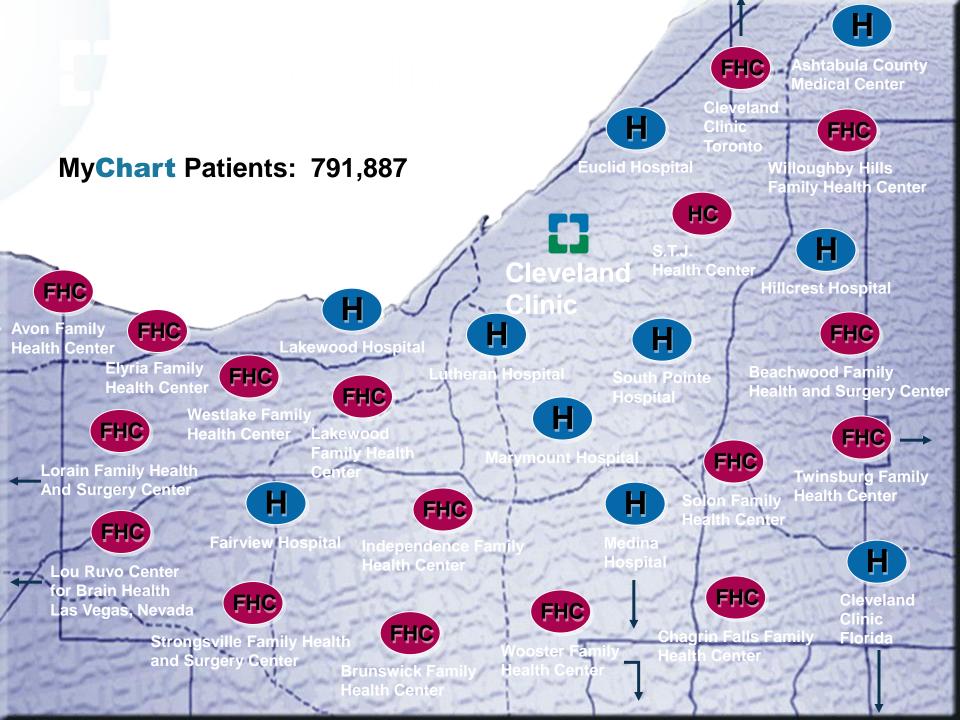


Source: © Point-of-Care Partners

Cleveland Clinic







MyPractice Electronic Medical Record

Cleveland Clinic User and Encounter Statistics Through July, 2013

Physicians: 7,849

Residents / Fellows: 2,761

Pharmacists: 472

Other End Users: 45,958

Patients in the EMR: 6,700,529

Encounters: 48,733,322

Prescriptions: 102,618,073

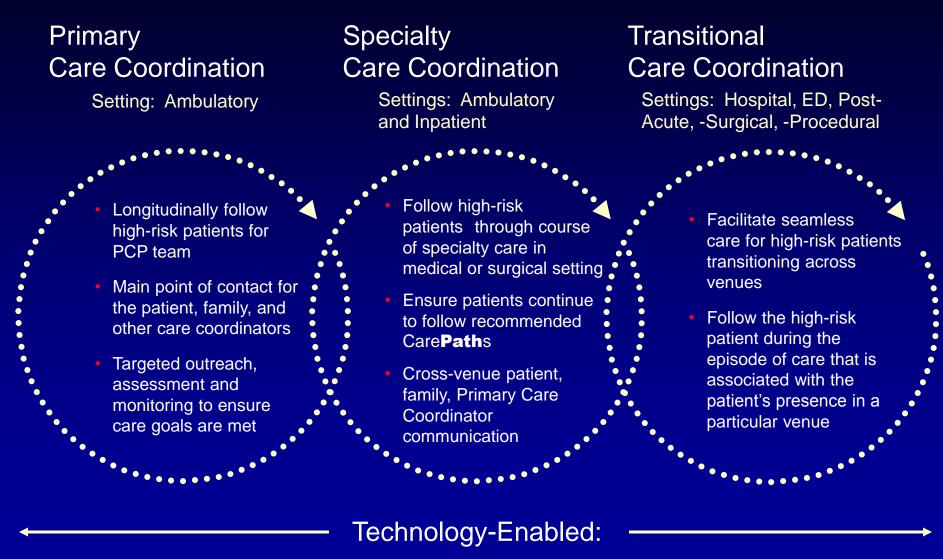
Orders: 316,506,687

Total Results: 968,571,042



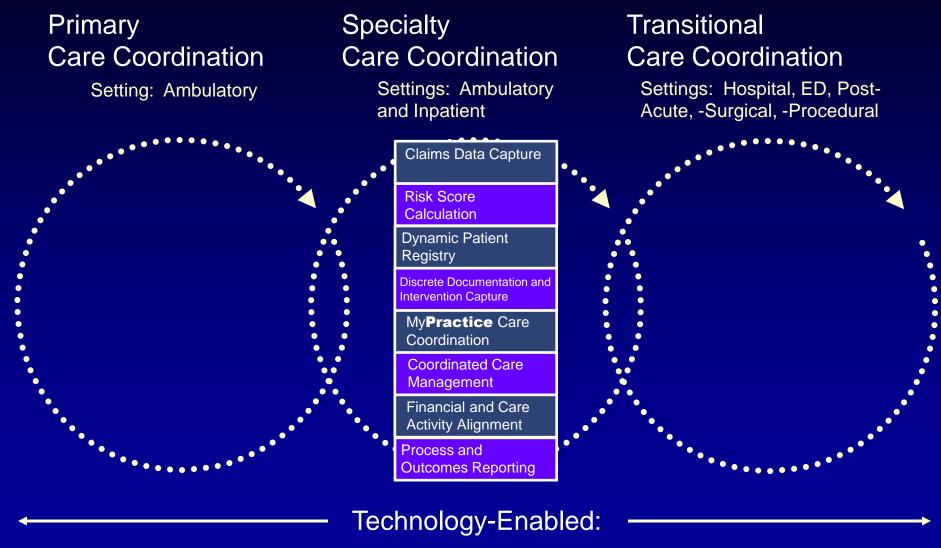
Cleveland Clinic Integrated Care Model:

The Seamless Integration of People, Processes and Tools



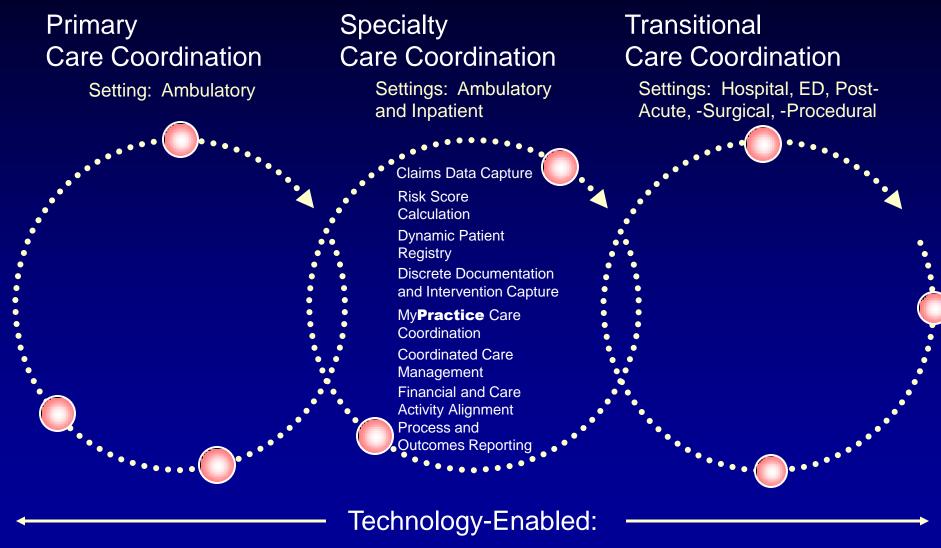
Cleveland Clinic Integrated Care Model:

The Seamless Integration of People, Processes and Tools



Cleveland Clinic Integrated Care Model:

The Seamless Integration of People, Processes and Tools



Dynamic Risk Registry; Integrated Documentation Toolset; Care Coordination Flag; Ongoing Management and Reporting

Prior to Admission (PTA) Medications

- History
- Previous dispense
- EHR
- HIE
- External docs



Prior to Admission (PTA) Medications

Hospital Medication orders

- History
- Previous dispense
- EHR
- HIE
- External docs

Review PTA meds and

- Continue
- Substitute
- Discontinue

Order hospital medications

CDS



Prior to Admission (PTA) Medications

Hospital Medication orders

Discharge Medication orders



- Previous dispense
- EHR
- HIE
- External docs

Review PTA meds and

- Continue
- Substitute (formulary)
- Discontinue

Order hospital medications

CDS

Review Hosp meds and

- Order
- Substitute
- Discontinue

Order PTA meds

Order/Substitute



Prior to Admission (PTA) Medications **Hospital Medication** orders

Discharge Medication orders



- Previous dispense
- EHR
- HIE
- Ext docs

Review PTA meds and

- Continue
- Substitute (formulary)
- Discontinue

Order hospital medications Order PTA meds

Review Hosp meds and

- Order
- Substitute
- Discontinue

Order/Substitute



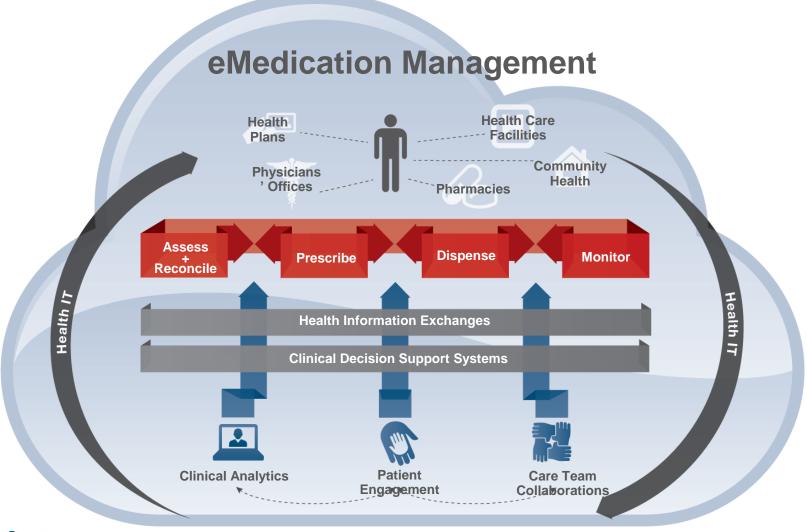


Delivery and Education





eMedication Management





Source: © Point-of-Care Partners

eMedication Management

- Compile medication histories
- Reconcile medications
- Update shared medication activity
- Review compliance

Health Care Health **Facilities** Plans Community Health Physicians' **Pharmacies** Offices

Assess Reconcile

Compile medication histories Reconcile medications Update shared medication activity Review compliance



Clinical Analytics

Patient Engagement Care Team Collaborations



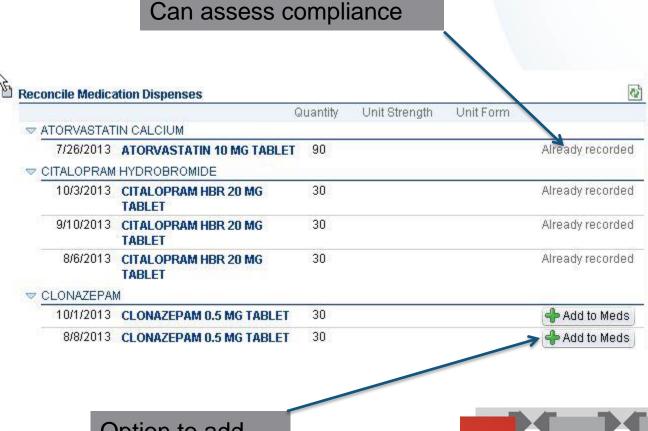
Pharmacy Benefit







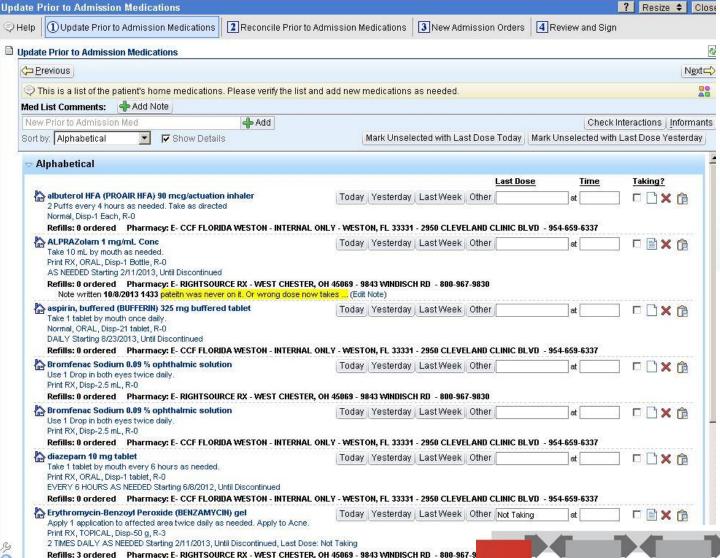
Medication Reconciliation



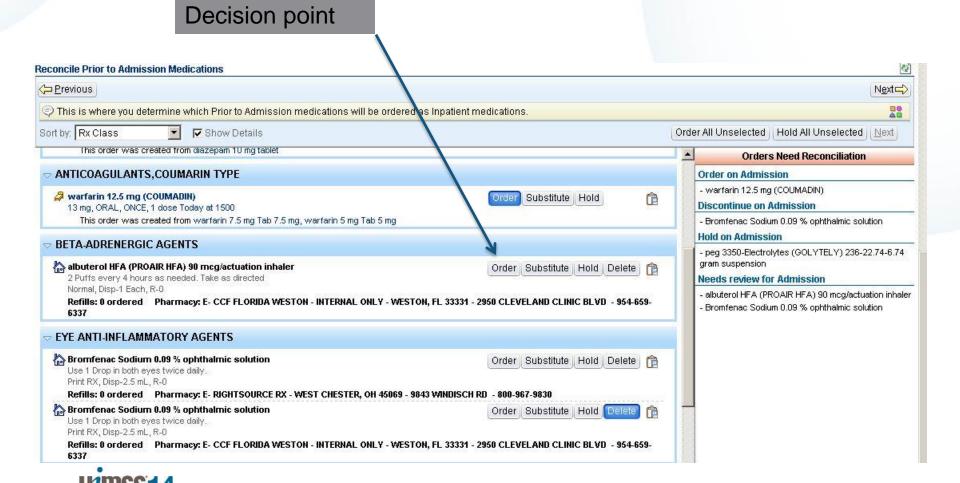


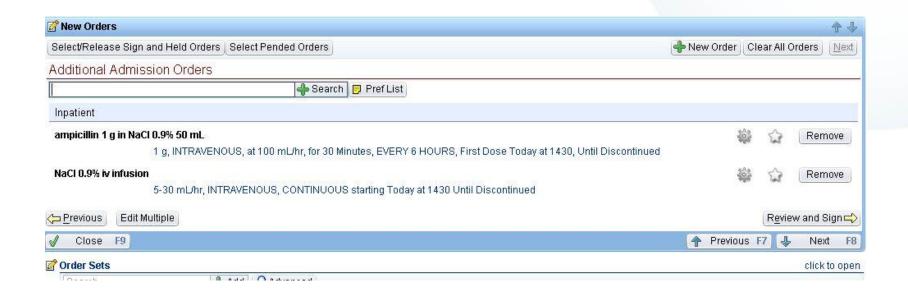
Option to add new meds

Note written 3/19/2013 0915 Stopped taking after 14 days of use (Edit Note)

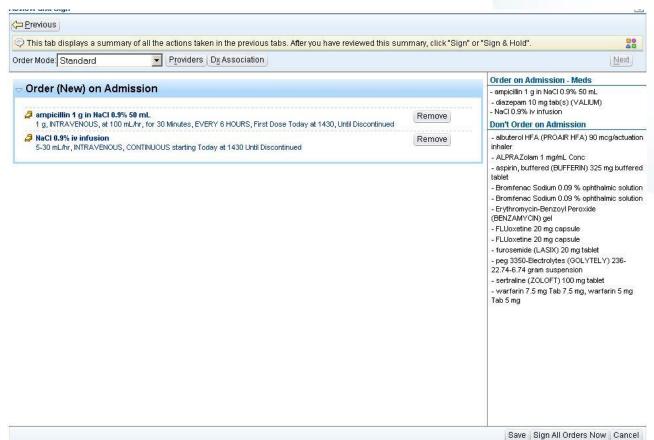














eMedication Management

- Review care record including medication history
- Comply with eligibility-informed formulary
- Check for interactions
- Complete prior authorization
- Prescribe medication (including controlled substances)

Health Care
Plans Facilities

Community
Physicians' Health
Offices
Pharmacies

ASSESS + Peconcile

Compile eMedication nistories (including self-reported meds) Compare medication ists and reconcile differences Communicate with

care team
Change prescriptions
Compare compliance
and outcomes with
bavers' requirements

Prescribe

- Review care record including medication history
- Comply with eligibilityinformed formulary
- Check for interactions
- Complete prior authorization
- Prescribe medication (including controlled substances)

Dispense

- Transmit ePrescription to pharmacy
- Update on eligibility 8 authorizations
- Check for interactions with updated care record
- Alert for controlled
 substances
- Recommend administration forms (oral, IV, etc.)

_ Monito

- for refills & renewals
 Evaluate providers/
 pharmacy brand and
- formulary adherence

 Detect patient
- compliance and adherence problem
- Monitor clinical outcomes, ADEs, and costs
- Assess patient satisfaction

Clinical Decision Support Systems

Health Information Exchanges

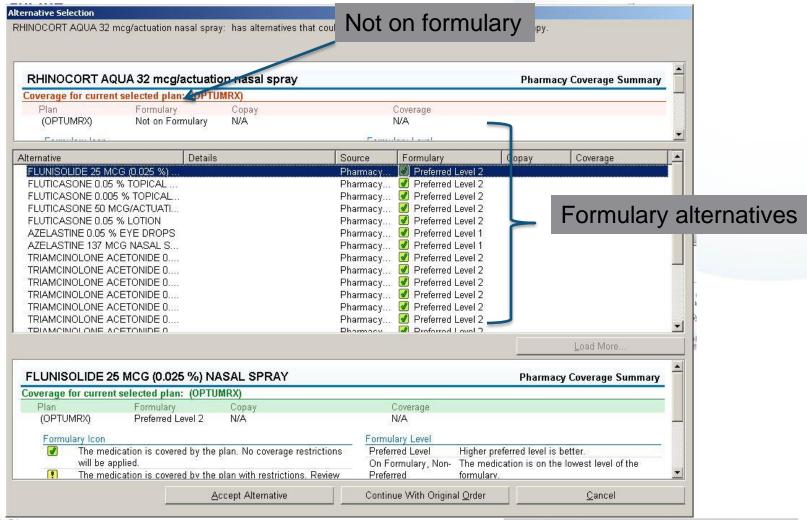


Clinical Analytics

Patient Engagement Care Team Collaborations

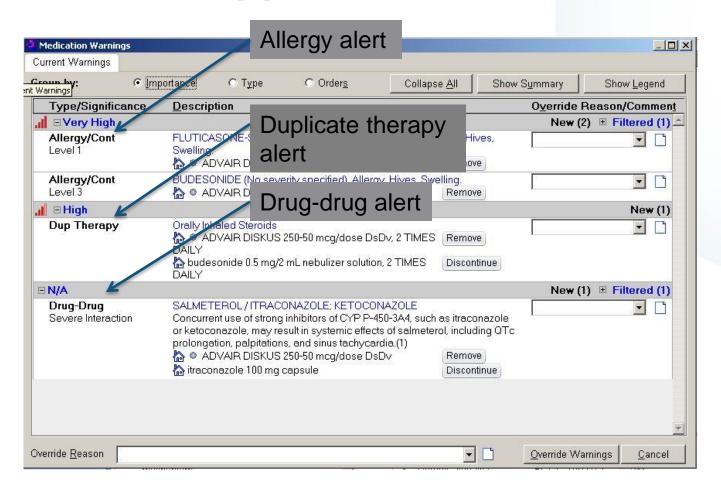


Formulary Check with Alternatives





Decision Support Alerts







Gaps in Clinical Decision Support

- Incomplete information
 - Patient data missing
 - Vendor rules missing/erroneous
- Clinically insignificant alerts
 - Alert fatigue
- Advanced CDS
 - Pharmacogenomics





Gaps in ePrescribing

- Prior authorization
- Controlled substances (limited)
- Biologics/Specialty pharmacy
- Home care/infusion





eMedication Management

- Receive ePrescription at pharmacy
- Update on eligibility & authorizations
- Check for interactions with updated care record
- Recommend administration forms (oral, IV, etc.)

Health Plans
Physicians'
Offices
Plant
Health Care
Facilities

Community
Health
Pharmacies

ASSESS +

- Compile eMedication histories (including self-reported meds) Compare medication lists and reconcile differences
- Communicate with care team
 Change prescriptions
 Compare compliance and outcomes with

Prescribe

- Review care record including medication history
- Comply with eligibility informed formulary
- Informed formulary
 Check for interaction
- Complete prior
 authorization
- Prescribe medication (including controlled substances)

Dispense

- Transmit ePrescription to pharmacy
- Update on eligibility & authorizations
- Check for interactions
- with updated care record
 Alert for controlled substances
- Recommend administration forms (oral, IV, etc.)

Monito

- Develop/send reminder for refills & renewalsEvaluate providers/ pharmacy brand and
- formulary adherence
- adherence problems

 Monitor clinical
 outcomes, ADEs, and
- Assess patient satisfaction

Clinical Decision Support System

Health Information Exchanges



Clinical Analytics

Patient Engagement Care Team Collaborations



eMedication Management

- Develop/send reminders for refills & renewals
- Evaluate providers/ pharmacy brand and formulary adherence
- Detect patient compliance and adherence problems
- Monitor clinical outcomes, ADEs, and costs
- Assess patient satisfaction



ASSESS + Peconcile

Compile eMedication nistories (including self-reported meds) Compare medication ists and reconcile differences

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Prescri

- Review care record including medication history
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- Check for interaction
- Complete prior
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- Prescribe medicatio (including controlled substances)

Dispense

- Transmit ePrescription to pharmacy
- Update on eligibility & authorizations
- Check for interactions
 with undated care record
- Alert for controlled substances
- Recommend administration forms (oral, IV, etc.)

Monitor

- Develop/send reminders for refills & renewals
- Evaluate providers/ pharmacy brand and formulary adherence
- Detect patient compliance and adherence problems
- Monitor clinical outcomes, ADEs, and costs
- Assess patient satisfaction

Clinical Decision Support Systems

Health Information Exchanges









Patient Portal



Appointments

Message Center

My Health Resources

Manage My Health Info



My Preferences

RESTASIS 0.05 % OPHTHALMIC EMULSION

Prescribed by David N Westerdahl, MD on 1/10/2013

About This Medication

Instructions: Use 1 drop in both eyes twice daily, please dispense 3 month supply (6 trays)

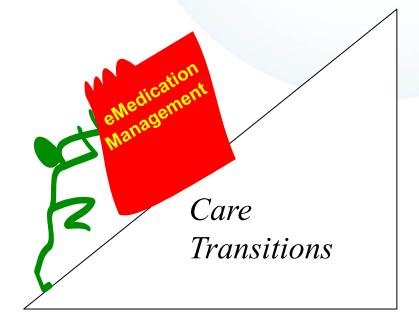
Prescribed by Albert G Caruana, MD on 10/30/2012

Request a renewal

Request a renewal

Moving Forward

- Close the Gaps
- Opportunities to elevate medication management during Care Transitions to a higher level:
 - Patient engagement
 - Adherence reminders
 - Prior authorization





A Review of Benefits Realized for the Value of Health IT

Value Category	Care Transition Measures
Satisfaction	 Improved patient-provider communication regarding changes to medications at each transition of care Improved patient satisfaction with explanation of purpose medications and post-discharge instructions (HCAHPS Survey)
Treatment/Clinical	 Reduction in medication discrepancies Reduction in medication-related adverse events Reduced rate of avoidable readmissions Improved patient medication adherence
Electronic Information / Data	Improved sharing of medication history and active medications among providers across the continuum of care
Prevention and Patient Education	 Better understanding of medications and improved self- management
Savings	 Reduction in avoidable utilization of care and services post- transition



Resources

- 1. Coleman EA, Parry C, Chalmers S, Min SJ. The care transitions intervention: results of a randomized controlled trial. Arch Intern Med. 2006 Sep 25;166(17):1822-8.
- 2. Kwan et al.; Forester et al. as cited in ABIM Foundation (2009). Care Transitions Performance Measure Set.

eMedication Management: A New Paradigm for Creating Value in Today's Healthcare Ecosystem January 2014

http://www.pocp.com/PoCP_eMM_WP_Final_1_17_14.pdf



Questions?

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